

# STARTER

Soup of the Day £6 [gfo]  
Warm Bread Roll  
\*

Homemade Crumpet, White Crab Meat,  
Avocado, Tomato, Spiced Shellfish Oil,  
Baby Coriander £7  
\*

Sun Blush Tomato, Olive  
& Mozzarella Arancini,  
Pesto Genevese, Rocket [v] £6.50  
\*

Chickpea Pancakes,  
Harissa Spiced Butter Beans,  
Mixed Nut Dukka £6 [gf/vgo]  
\*

Tandoori Lamb Kebab,  
Feta, Cucumber & Olives,  
Cucumber & Mint Yoghurt, Flatbread  
\*

Seared Sea Trout, Monks' Beard,  
Yoghurt & Horseradish Dressing,  
Pickled Baby Beets, £7 [gfo]  
\*

Chicken & Prosciutto Roulade,  
Smoked Cheddar, Pickled Mushrooms,  
Chicken Velouté £7  
\*

Smoked Haddock Scotch Egg,  
Confit Tomatoes, Salty Fingers,  
lovage Oil £7

## BAKED CAMEMBERT TO SHARE

£14

Roast Shallot Jam &  
Rosemary Sour Dough

### CLASSICS

Beer Battered Haddock  
& Chips, Garden Peas,  
Tartare

Crab & Cow Beef Burger,  
with French Fries Cheddar,  
Tomato Relish & Crispy  
Bacon in a Bun

tables of 8+:  
a 10% discretionary service charge  
is added.  
100% of gratuities  
are distributed to staff

It is important that  
you notify us of any  
allergies or intolerances

# SUNDAY AT THE CRAB & COW

## ROAST DINNER

Childrens Portion £1/2 Price\*

Matured Sirloin of Beef £14\*

Roast Chicken Breast £13  
Sage & Onion Stuffing

Boneless Leg Of Lamb £14\*  
with Herb Stuffing

Trio of Meats £17\*

Roast Loin of Pork £13\*

All Roast Meat Dinners Served with  
Seasonal Vegetables, Yorkshire Pudding  
&  
Home Made Stock Gravy

Vegetable Pie of the Day & Vegetarian  
Gravy £12

### SIDES

French Fries £3  
Hand Cut Chips £3  
Onion Rings £3.00  
Bread & Oils £3.50  
Pot of Olives £3.50  
Garlic Bread £3.00  
Cheesy Garlic Ciabatta £3.50  
Parmesan Broccoli £3.50  
Peas & Bacon £3  
Wilted Greens £3

### KIDS MENU

\*\*with Beans/Peas  
Fish Fingers & Fries\*\*  
Sausage & Mash\*\*  
Mini Beef Burger & Fries  
Pasta in Cheesy Sauce

# STEAK

Our Steaks are Aged  
for 28 Days for a Fuller Flavour

8oz Bistro Rump £17

Firm & Lean, We Recommend Med/Rare  
\*

7oz Sirloin £18

Firm & Juicy,  
We Recommend Med/Rare  
\*

10oz Rib Eye £24

Firm & Lean, We Recommend Medium  
\*

8oz Fillet £28

The Most Tender Cut  
We Recommend Rare  
\*

All Steaks Served with  
Roast Garlic & Parsley Forest Mushrooms,  
Green Beans & Skin on French Fries

16OZ CHATEAUBRIAND  
FOR 2 [ £55 ]  
\*

Delicately Tender  
Thick Cut Beef Fillet  
Truffle & Parmesan Fries,  
Garlic Green Beans, Roast  
Garlic & Parsley Forest  
Mushrooms

SIDE SAUCES [gf]  
£2.50

Stilton Bearnaise  
Peppercorn  
Red Wine Jus

TUESDAY  
PIE NIGHT  
WEDNESDAY

# &

THURSDAY  
STEAK NIGHT